



Grab and Go SANDWICH
Italian Sub (28g)
Turkey Wrap (29g),
Tuna Salad wrap(31g)
Ham & Cheese Sub (28g)



Grab and Go Salads
Chef Salad (8g),
Garden Salad (14.5g), or
Caesar Salad (15g)
All Salads come with your
choice of whole grain
(Cheese Its, Goldfish,
whole grain Muffin)

All Lunches Must
Include a Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk



February 1, 2024
March 8, 2024

MON	TUES	WED	THURS	FRI
²⁹ Chef Choice	³⁰ Bosco Sticks W/ Marinara Sauce Mixed Vegetable Pineapple Bits	³¹ Chicken Pineapple Bowl WG Dinner Roll Vegetable Blend	¹ 2 Breakfast Burrito With Salsa Hash Browns Orange Smiles	² Pretzel Roll Melt w/ Tato Tarts Apple Sauce
⁵ Chicken Quesadillas w/ Salsa Spanish Rice Black Beans	⁶ Bosco Sticks Marinara Sauce Mixed Vegetable Orange slices	⁷ Chef Choice	⁸ Sloppy Joe on WG Bun Oven Fried Potatoes Sliced Peaches California Blend	⁹ Hot Honey Chicken Biscuit Tostada Black Bean & Corn Salsa Pineapple Tidbits
¹² Chef Choice	¹³ Bosco Sticks Marinara Sauce Mixed Vegetable Pineapple	¹⁴ Egg & Cheese Sliders Sausage Patty Potato Round Orange Slices	¹⁵ Chicken & Waffles Steamed Carrots Fresh Grapes	¹⁶ Grilled Cheese French Fries Baked Beans Slice Apples
²⁶ Hot Roast Beef Sandwich Whipped Potatoes W/Gravy Roasted Corn	²⁷ Bosco Sticks W/ Marinara Sauce Mixed Vegetable Pineapple Bits	²⁸ French Toast Turkey Sausage Hash Browns Apple Sauce	²⁹ Sweet & Sour Chicken Over Rice WG Dinner Roll Mixed Vegetable	¹ Cheese Quesadillas Refried Beans Mixed Vegetable Fruit Cocktail
⁴ Fruit Cocktail CheeseburgerMeatloaf on a bun Whole Kernal Corn Sliced Peaches	⁵ Bosco Sticks w/Marinara Sauce Seasoned Carrots Fresh Grapes	⁶ Chicken Pineapple Bowl WG Dinner Roll Vegetable Blend	⁷ Philly Steak Cheese Sub w/ Grilled Peppers and Onions Oven Fries Mandarin Oranges	⁸ Macaroni & Cheese W/ Pretzel Rod Steamed Broccoli Sliced Peaches

CHICKEN:
Crispy or Spicy Chicken Sandwich (48g),
Nuggets (14g)
BURGERS: Cheeseburger (39g) Hamburger (38g) & Veggie Burger (42g)

Apples 19g, Oranges 15g, Side Salad 6g
Monday: Fruit cocktail 18g, Fresh Broccoli 1g & Kickin' Pintos 19g or Baked Beans 19g
Tuesday: Pears 18g , Seasoned Carrots 4g & Celery Sticks 3g
Wednesday: Peaches 18g, Baby Carrots 1g & Broccoli 4g
Thursday: Pineapple 17g, Celery Sticks 3g & Green Beans 4g, or Mixed Vegetable 6g
Friday: Applesauce 14g, Baby Carrots 1g & Tater Tots 19g or Curly Fries 19g, or Corn 4g