Wayne-Westland Community Schools Community Education



Winter-Spring 2023

January February March April May June

Check us out at: wwcsd.net/resources/community/community-education/

An invitation just for you...

Adult and Community Education

Discover Yourself!

WAYNE-WESTLAND BOARD of EDUCATION

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It is the policy of the Wayne-Westland Community Schools Board of Education to prohibit any acts of unlawful discrimination in all matters dealing with students, employees or applicants for employment. The Wayne-Westland Schools reaffirms its policy of equal educational and employment opportunities for all persons without regard to race, color, gender, religion, age, height, weight, marital status or disability which is unrelated to an individual's qualifications for employment or promotion, or which is unrelated to an individual's ability to utilize and benefit from the School District's services, activities, benefits, privileges, or programs. Inquiries concerning the application of Title VI, Title IX, Section 504, and Title II legislation should be directed to the Executive Director of Student and Legal Affairs, Wayne-Westland Community Schools, 36745 Marquette, Westland, MI 48185 (734-419-2083).

John Dignan, Ed.D. Superintendent

Wayne-Westland Community Schools Community Education 36745 Marquette, Westland 48185 Winter 2023 PUBLISHED twice a year in fall and winter ISSUE NO. 23.01 This edition of the adult/community education fall catalog of academic classes and leisure course offerings represents your personal invitation to take advantage of many exciting recreational, careertechnical, vocational and enrichment classes as well as a comprehensive selection of academic courses.

A review of this catalog will reveal many opportunities available to you for self-improvement, professional growth and career enhancement.

Classes and course offerings have been designed to reflect the specific needs and interests many of you have indicated are important to your personal enjoyment and continued growth.

As a resident of the greater Wayne-Westland community, you have a unique opportunity to take advantage of this important resource. Take a moment to look through this brochure. You won't be disappointed.

Sincerely,

John Dignan, Ed.D. Superintendent

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Board of Education	734-419-2000
Wayne Memorial High School	734-419-2200
John Glenn High School	
Wayne-Westland Innovative Academy	734-419-2436



Mission

The Wayne-Westland
Community Schools, in cooperation
with parents and the community,
will educate and prepare all of
our students to be knowledgeable,
responsible, contributing members
of a global society.



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Wayne-Westland Community Schools | School Directory



ELEMENTARY SCHOOLS

- **1. Edison734-419-2600** 34505 Hunter, Westland 48185

- **4. Hamilton734-419-2650** 1031 Schuman, Westland 48186 **5. Hicks......734-419-2660**
- 100 Helen, Inkster 48141 7. Roosevelt-McGrath .. 734-419-2720
- 2601 Treadwell, Westland 48186
 9. Taft-Galloway............. 734-419-2760
- **11. Wildwood......734-419-2790** 500 N. Wildwood, Westland 48185

MIDDLE SCHOOLS

- 12. Adams......734-419-2375 33475 Palmer, Westland 48186
- **14. Franklin734-419-2400** 33555 Annapolis Street, Wayne 48184
- **15. Stevenson734-419-2350** 38501 Palmer, Westland 48186

HIGH SCHOOLS

- 16. John Glenn734-419-2300 36105 Marquette, Westland 48185
- **17. Wayne Memorial......734-419-2200** 3001 Fourth, Wayne 48184

SPECIALTY CENTERS

- 18. Stottlemyer Early Childhood Center 34801 Marquette, Westland 48185 734-419-2630
- 19. Wayne-Westland Innovative Academy 5400 Fourth, Wayne 48184 734-419-2436
- 20. William D. Ford Career-Technical Center 36455 Marquette, Westland 48185 734-419-2100
- **21. Dyer Senior Center** 36745 Marquette, Westland 48185 734-419-2020

ADMINISTRATION BUILDING

22. Wayne-Westland Community Schools, Administration Building 36745 Marquette, Westland 48185 734-419-2000

The Winter/Spring 2023 Community Education Brochure is a publication of the Wayne-Westland Community School District and is prepared by the Department of Community Education.



Wayne-Westland Innovative Academy

5400 Fourth St., Wayne, MI. 48184 (734) 419-2436 ~ Fax: (734) 595-2439 Kent`e Rosser, Principal rosserk@wwcsd.net

December 8, 2022

Greetings Members of the Wayne-Westland Innovative Academy Community!

We are so excited to be approaching the start of the second semester. The school year has gotten off to a wonderful start.

We would like to take a moment to thank all of our community partners for your continued support throughout the school year. We understand that our success is directly linked to the support that we are receiving from our community stakeholders.

As we encourage you to spread the word about our vast assortment of program offerings, we would like to remind everyone of the multiple opportunities for student success that are offered here are Wayne-Westland Innovative Academy.

At WWIA, students have multiple options for receiving their education. For students that prefer a more traditional classroom setting, we offer our face to face learning options. This allows students to attend classes on the daily basis in a traditional classroom setting where they benefit from smaller class sizes and direct instruction.

Some of our students may prefer to attend classes virtually. Therefore, we offer a 100% virtual program that will allow students to receive their instruction remotely in an asynchronous format.

Additionally, some of our students may prefer a combination of virtual and face to face instruction. To accommodate this particular learning style, we have The WAY Program. The WAY Program allows students to engage in a project based learning platform that requires a minimum of four hours a week of lab time.

At Wayne-Westland Innovative Academy, we take pride in supporting our students and staff members. We look forward to your continued support.

Educationally yours,

Mr. K. Rosser

Principal, Wayne-Westland Innovative Academy



Business & Personal Finance

ESTATE PLANNING BASICS

Probate, health care and estate tax laws have recently changed! Find out how to prevent your assets from going through probate, how to protect them from estate and capital gains taxes, how to retain control of your affairs, and how to protect yourself against the costs of long term care. Learn about the new "Estate Recovery" law, whereby the state can seek repayment from a person's estate for benefits paid, and ways to prevent that from happening. Discover the dangers of using joint accounts and quit claim deeds as estate planning tools. Learn about medical and financial powers of attorney, wills and living trusts. The course is taught by attorneys from Estate Planning & Elder Law Services, P.C. Attendees will receive a **FREE** *Personal Affairs Organizer*.

(1 night - February 16) 100 Thur 6:00-8:00p.m. Glenn-109 \$20 (1 night - April 18) 300 Tue 6:00-8:00p.m. Glenn-109 \$20



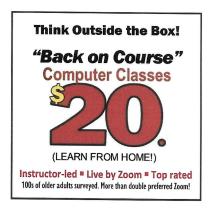
LONG TERM CARE PLANNING

Did you know that 50% of persons 65 years of age or older will spend some time in a nursing home, and that the average monthly cost of nursing home care in Michigan is \$6,191.00? Since neither health insurance nor Medicare pay for such care, it is no wonder that people fear losing their life savings to long term care costs. This course covers options to help pay for such care costs, the significant changes made to the Medicare rules in 2007, as well as the new "Estate Recovery" law, whereby the state can seek repayment from a person's estate for benefits paid, and ways to prevent that from happening. The course is taught by attorneys from Estate Planning Services, P.C., who are members of the Elder Law Section of the State Bar of Michigan and National Academy of Elder Law Attorneys.

(1 night - March 21)

101 Tue 6:00-8:00p.m. Glenn-109 \$20

Computers



(All class times are **EST** and are live/virtual)

HOW DO I TAKE A LIVE ZOOM CLASS AS A PARTICIPANT?

Many instructors use Zoom for live/virtual classes such as cooking classes, painting, exercising, computers, music, and others. Author and computer instructor Mike Wilson will help participants understand the process of receiving Zoom invites, "getting to your classroom" and navigating the features used in Zoom. This user-friendly class will be held over Zoom. If you need assistance getting on Zoom, please e-mail instructor days prior to class at:

backoncourse@att.net.

(1 day - Sunday, January 15)

102 3:30-4:30p.m. Virtual Class FREE CLASS



I NEED TO HOST MY OWN ZOOM MEETING

You will see how a host sends an e-mail, invites, and schedules meetings. Even the basic host controls can seem overwhelming, but we will explore those, as well. You'll learn how to Share Screen, invite, and send links to e-mails. This class is a great place to start before hosting your first Zoom meeting! Join this informative class by Zoom.

(1 day - Sunday, January 22) 103 3:30-4:30p.m. Virtual Class \$20 (1 day - Friday, February 10) 203 7:30-8:30p.m. Virtual Class \$20 (1 day - Friday, March 3) 303 1:00-2:00p.m. Virtual Class \$20

Computers Cont'd

ALL ABOUT PICTURES - FINDING, ORGANIZING, EDITING, AND SAVING ON YOUR COMPUTER!

During this class you will learn how to manage pictures on your computer. Also, find out how to name, rename, and move pictures into folders to get organized. We will take a look at using the Photo Gallery and minor editing of pictures, such as cropping and making enhancements. We will use pictures for desktop backgrounds and insert a picture into Microsoft Word to manipulate for flyers, invitations, and other printed materials. This is a great class, held over Zoom. (*Not for Apple/Mac users*)

(1 day - Wednesday, January 18)

7:00-8:00p.m.

404

104	6:00-7:00p.m.	Virtual Class	\$20
(1 day	- Sunday, Februa	ry 12)	
204	4:00-5:00p.m.	Virtual Class	\$20
(1 day	- Sunday, March	12)	
304	7:00-8:00p.m.	Virtual Class	\$20
(1 day	- Sunday, April 30	0)	

WINDOWS 11 - STARTING FROM THE BEGINNING

Virtual Class

\$20

This is an adult-friendly Windows 11 class! See how to use the desktop and the new taskbar. We'll also explore the start menu and related features. In addition, you will learn about the new design, the use of widgets, and how Windows 11 is organized. Meet us on Zoom for this informative class. (*Not for Apple/Mac users*)

(1 day - Monday, January 9) 105 7:00-8:00p.m. Virtual Class \$20 (1 day - Sunday, March 19) 205 7:00-8:00p.m. Virtual Class \$20 (1 day - Sunday, May 7) 305 2:30-3:30p.m. Virtual Class \$20

GETTING TO KNOW YOUR IPHONE

Author and instructor Mike Wilson will demonstrate how to use your smart phone. This class is designed for mature and recent iPhone users! Mike will cover cell phone topics, such as: the photo app, navigating, apps, contacts, e-mail, camera, App store, settings and the Internet. Your patient instructor and class will meet over Zoom. (*Not for Android users*)

(3 days - January 25, 26 & 27)

106 Wed, Thu, Fri 12:00-1:00p.m. Virtual Class \$55 (3 days - February 20, 21 & 22)

206 Mon, Tue, Wed 7:00-8:00p.m. Virtual Class \$55 (3 days - March 27, 28 & 29)

306 Mon, Tue, Wed 3:00-4:00p.m. Virtual Class \$55

THE EASY TO LEARN IPAD CLASS!

Take this fun and informative iPad class! We will explore the practical uses of your iPad and how to use the features! You will learn how to navigate, use apps, work with e-mail, take pictures, go online, and do more as time permits. Your patient instructor's iPad screen and features will be clearly displayed over Zoom. (*Not for Android tablet users*)

(3 days - January 4, 5 & 6)

107 Wed, Thu, Fri 2:00-3:00p.m. Virtual Class	\$55
(3 days - February 15, 16 & 17))	
207 Wed, Thu, Fri 7:00-8:00p.m. Virtual Class	\$55
(3 days - April 15, 22 & 29)	
307 Sat 11:00a.m12:00p.m. Virtual Class	\$55



Crafts

FUN WITH PAINTING & DRAWING (AGES 6-9yrs.)

Together in this fun-filled 4-week class, we'll have loads of fun exploring using paint, markers, pencils, colored pencils, crayons, whatever you already have-to-create a fun project each week while using our wonderful imaginations. All skill levels welcome, no prior art experience necessary! This is an online Zoom class, upon registration students will receive an email from the instructor to receive a link and passcode to participate online. (No refunds after start of 1st class)

Supplies Needed:

Instructor: Donna Gonzalez

(4 week	ks - starti	ing January 12 - S	session I)	
108	Thur	4:30-6:00p.m.	Virtual Class	\$90
(4 week	ks - starti	ing February 9 - S	Session II)	
208	Thur	4:30-6:00p.m.	Virtual Class	\$90
(4 week	ks - starti	ing March 9 - Ses	sion III)	
308	Thur	4:30-6:00p.m.	Virtual Class	\$90
(4 week	ks - starti	ing April 6 - Sessi	ion IV)	
408	Thur	4:30-6:00p.m.	Virtual Class	\$90
(4 week	ks - starti	ing May 4 - Session	on V)	
508	Thur	4:30-6:00p.m.	Virtual Class	\$90



Dance



BEGINNING & INTERMEDIATE BALLROOM DANCE AMERICAN & LATIN COMBO

Learn the basics of beginning ballroom dance. <u>No partners required</u>. American Style such as Foxtrot, Disco Hustle, or Waltz and Latin Style such as Samba, Salsa-Mambo, Tango, Cha-Cha, different dance styles will be determined at 1st class. Students should wear smooth bottom shoes and bring second pair of shoes if weather is wet.

Instructor: Terry Babenko

(7 weeks - starts January 17) (No class February 21) 109 Tue 7:00-8:30p.m. Wildwood-Gym \$35 (7 weeks - starts March 21) (No class March 28) 309 Tue 7:00-8:30p.m. Wildwood-Gym \$35

Just For Fun



PSYCHIC FUN NIGHT

Enjoy an evening of Psychic Entertainment with Robert & Pamela Taylor as you learn various predictive techniques. Experience a personal reading of your choice!

(1 night - March 2)

110 Thur 7:00-9:00p.m. Glenn-109 \$30

Literary Arts

INTRODUCTION TO MARKETING YOUR WORK LOCALLY

As a writer you have either published your words professionally or want to begin the journey of writing where your words reach a wider audience. Not every piece will be published for a paycheck, but for prestige and the opportunity to share your work. For example, you are a talented writer and your church, philatelic club, military association, or historical society would like you to write a series of articles. You can do this! As a member and trustee for Michigan's One Room School House Association, I enjoy sharing written and photographic research on the country schools with readers. The Canton Historical newsletter has published some of my one room schoolhouse articles with historic photos from primary resources. I have enjoyed seeing my work included in Romulus, MI. Historical Society newsletter, and some of my research is part of the archives there. As a paid freelance writer/journalist/photographer, my words and photographs reach a variety of audiences. As a book author I have marketed my books inside of Barnes and Noble, and the former Borders, and other establishments. As a writer I enjoy meeting readers in person when possible. MATERIALS FEE of \$25 is payable to the instructor the first night of class. Bring your notebook, pen, pencil, paper and learn about enhancing your writing opportunities! Taught by Award Winning Author/Photographer Chervl Vatcher-Martin, M.A. Your book locally is one title available from this instructor.

(2 nights - February 9 & 16)

111 Thur 6:45-8:30p.m. Glenn-109 \$175





Community Education Instructors Wanted!

Do you have a special talent, skill or hobby that you'd like to teach others after school or evenings?

Call 734-419-2426



Literary Arts Cont'd

INTRO TO WRITING YOUR LIFE STORY

As a writer you'd like to delve into a slice of life vignette where you begin drafting a chapter or two as part of your life story. You have an inspirational story that you want to share with others. Your writing could uplift others! In my one book, "Cheryl's Musings; A Day In The Life of An Award Winning Poet & Photographer", I decided to focus on a year and a half of my writing story and write it up into journal entries. In it I focus on the writing process and writing on different topics inclusive of war poetry, competitive writing and penning poetry in general. This style is easier to grasp and gives small tidbits for the reader to ponder. I'd love to help you begin this writing journey and see where it takes you. You'll be writing during class, and given instruction on how to start a chapter in your life. All writers are welcome!!! Novice writers please join us. A \$25 MATERIALS FEE is payable to the instructor on the night of class. Her novels, non-fiction and poetry are available in class! Bring your notebook and pen/pencil to create your life story! Award winning Author/Poet Cheryl Vatcher Martin, M.A. teaches this course.

(2 nights - January 18 & 25) 112 Wed 6:45-8:30p.m. Glenn-109 \$172.00 (2 nights - February 8 & 15) 312 Wed 6:45-8:30p.m. Glenn-109 \$172.00

WRITE YOUR NOVEL TODAY!

This is a class for all levels of novelists! No experience necessary, you can start writing tonight and garner some tips from your novelist to help you start your very first draft. You will jot down some notes to help you learn more about the story you're going to tell. Come to class with the enthusiasm to craft new novel writing ideas. Let's try to design at least one vivid character sketch. You can also work on writing a descriptive scene that will come to life in your fictional adventure! There's flexibility too in this fun class, where you can brainstorm and write ideas, titles, snippets of what our want your novel to be about as well! A \$25 MATERIALS FEE is payable to the instructor on the night of class. Bring your pen and notebook, and start your novel draft! Taught by Award Winning Author/Photographer Cheryl Vatcher-Martin, M.A. "The Purple Flower-Dreaming Of A Time Machine" is one of her available book titles to purchase.

(2 nights - April 20 & 27)

113 Thur 6:45-8:30p.m. Glenn-109 \$170



CREATIVE WRITING FOR YOU!

Remember those times when you thought about writing creatively but didn't know where to start? Beginning the story was fine; yet writer's block became a temporary stumbling block. In this friendly work shop you can dive right into your writing! It doesn't matter if you have written a lot before or are looking a for a new adventure called writing! Motivational tips will be given to help you with your creative writing! Poetry is a part of creative writing, and without poetry, many stories might not be written. There's a musicality in poems that can be transformative in storytelling. One fun part of creative writing includes creating character sketches and bringing them to life so you have a character that doesn't melt like ice cream! Let's create a simple character sketch, perhaps a poem or two, and free write that introduction to your story! Come to my mini workshop and let's write. MATE-RIALS FEE of \$25 MUST be paid to the instructor the first night of class. Taught by Author/Professor Cheryl Vatcher-Martin, M.A. who is an award winning author, and novelist, children's writer and poetry instructor who has won many National Novel Writing Month Writing Challenges. "Marketing Your Book Locally, " is available for purchase. A two-week course for your to write and revise! Bring your ideas, pen and paper and let's get those words rolling.!!

(2 nights - March 15 & 22) 114 Wed 6:45-8:30p.m. Glenn-109 \$172 (2 nights - April 19 & 26) 314 Wed 6:45-8:30p.m. Glenn-109 \$172



Community Education Instructors Wanted!

Do you have a special talent, skill or hobby that you'd like to teach others after school or evenings?

Call 734-419-2426



Music

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do - using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. The course is partly lecture/demonstration and partly hands on instruction.

Topics include:

- How chords work in a song
- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid "counting"
- How to simplify over 12,000 complex chords

(1 night - May 8)

115 Mon 6:30-9:30p.m. Virtual Class \$59



INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar, and take this class without any pressure at all. And since the class includes an online book an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. Class limited to 15 students. For ages 13+.

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

(1 night - May 9)

116 Tue 6:30-9:00p.m. Virtual Class \$59

Self Improvement

IT'S THE NEW YEAR! LET'S GET ORGANIZED! Let's get things in order.

With a New Year, we take an opportunity for a fresh start on getting things in order. Let Professional Organizer Cindy Greenleaf of New Leaf Organizing LLC teach you some basic organizing techniques, plus tips and tricks. So if you've got one or more organizing challenges, this is the class for you. There will be a question and answer period at the end of the session so you can leave with organizing and product solutions. And don't worry; you can't shock her. She's assisted on several episodes of "Hoarders."

(1 night - January 9)

117 Mon 6:30-8:30p.m. Glenn-109 \$45



MANAGING MOUNDS OF PAPER

I know it's here somewhere.....

Do you have stacks of household paperwork, mail and magazines lying around your home? Are you overwhelmed by the thought of sorting through them, but know there are important documents buried in the piles? Are you a Piler or Filer? Join Professional Organizer Cindy Greenleaf, Chief Organizer of New Leaf Organizing LLC, as she provides simple tips to guide participants through the process of sorting your paperwork, decision-making, purging and storing it. There will be a question-and-answer period at the end of class and organizing products shown. And don't worry; you can't shock her. She's assisted on several episodes of "Hoarders."

(1 night - January 17)

118 Tue 6:30-8:30p.m. Glenn-109 \$45 (1 night - May 17) 318 Wed 6:30-8:30pm Glenn-109 \$45

IT'S SPRING CLEANING (OUT) TIME! Learn to declutter and get organized!

When the weather warms up, thoughts turn to doing Spring Cleaning. Instead of cleaning up, think about CLEANING OUT. Let veteran Professional Organizer Cindy Greenleaf of New Leaf Organizing LLC give you tips and tricks to organize areas like your closets, basement and especially your garage. Learn to lighten up, inside and out! There will be a question-and-answer session at the end of class with product recommendations so you can get customized solutions to your clutter challenges. And don't worry; you can't shock her. She's assisted on several television episodes of "Hoarders."

(1 night - May 8)

119 Mon 6:30-8:30p.m. Glenn-109 \$45

Sports Cont'd

A SANCHIN-RYU EXPERIENCE

Sanchin-Ryu is a totally non-competitive art form of selfenrichment. We learn to manage stress, control situations and increase awareness on all levels. Students learn self-control and self-respect, both key elements in having self-defense awareness. By using this non-competitive philosophy students are able to learn and grow at their own pace, not determined by those around them. This allows their personalities to "blossom". Uniform and promotion system available, but not required. Information provided by the instructor, if interested. Students should wear comfortable clothing.

Taught by Keith & Tina Okuly 2nd Degree Black Belt



SANCHIN-RYU'S KARATE FOR KIDS!

For ages 4-14 yrs. (kindergarten - 8th grade)

(10 weeks - starts January 17) (No class February 21) Tue 120 6:00-7:00p.m. Elliot-Gym \$50

(10 weeks - starts April 11)

320 Tue 6:00-7:00p.m. Elliot-Gym \$50

SANCHIN-RYU'S KARATE FOR FAMILIES!

A Parent And Child Program for all ages!

(10 weeks - starts January 17) (No class February 21)

Tue 7:00-8:00p.m. Elliot-Gym 121 \$100

Per Family

(10 weeks - starts April 11)

321 Tue 7:00-8:00p.m. Elliot-Gym

> Per Family \$100

SANCHIN-RYU'S KARATE FOR ADULTS!

For ages 14 and older

(10 weeks - starts January 17) (No class February 21)

122 Tue 8:00-9:00p.m. Elliot-Gym \$50

(10 weeks - starts April 11)

322 Tue 8:00-9:00p.m. Elliot-Gym \$50

VOLLEYBALL - ADULT

Recreational Co-ed Volleyball

Rules and techniques will be discussed on the first night of class. This is a competitive game with the emphasis on having fun. Instructor: Craig Beavers

(8 weeks - starts January 10) (No class February 21)

123 7:30-9:30p.m. Glenn-Gym 1 Tue \$36

(8 weeks - starts March 21) (No class March 28)

323 Tue 7:30-9:30p.m. Glenn-Gym 1 \$36

GYMNASTICS (For both boys & girls, Ages k-5th grade)

TumbleBunnies comes to you and brings a variety of equipment such as balance beams, bars, trampolines, wedge mats, octagons, vault, ladders and so much more. Our classes are jammed packed with activities that include a new warm up, across the floor activities, movement to music, and an outrageously fun obstacle course. Several props are brought in to ensure fun such as hoops, beanbags, ribbons, balls, scarves, cones, ropes, ect. Each child takes home a paper explaining to parents what we did that day. Each child will be introduced and learn cartwheels, handstands, bridges, flips and a variety of skills on many different pieces of equipment.

(6 weeks - starts January 17) (No class February 21)

Tue 5:00-5:45p.m. Hoover-Gym \$120 (6 weeks - starts March 7(No class March 28)

324 Tue 5:00-5:45p.m. Hoover-Gym \$120

KIDS ZUMBA (For both boys & girls, Ages k-5th grade)

Kids will think they are at a dance party. Part aerobic, part dance, using Latin music and Latin dance steps. Your Zumba bunnies will jump, shimmy, sway, salsa & crump their way through body energizing unique movements that will keep them moving & jumping for joy!

(6 weeks - starts January 18) (No class February 22)

Wed 5:00-5:45p.m. Hoover-Gym 125 \$120

(6 weeks - starts March 8) (No class March 29)

Wed 5:00-5:45p.m. Hoover-Gvm \$120



YOGA BASICS

Ideal for beginners of all ages, includes basic yoga poses and breathing. Gentle pace, emphasis on detailed alignment instructions. ALL LEVELS ARE WELCOME! PLEASE BRING A YO-GA MAT.

Instructor: Temperance

(8 weeks - starts January 18) (No class February 22)

126 Wed 6:30-7:30p.m. Hoover-Media Center \$89

(8 weeks - starts March 22) (No class March 29) 326 Wed 6:30-7:30p.m. Hoover-Media Center \$89

Swimming



ARTHRITIS AQUATIC

An exercise class in warm water designed for persons with arthritis. Exercises are from Arthritis Foundation. Your hair stays dry. No swimming experience required.

(8 weeks - starts week of January 9)

(No classes January 16 & February 20-24)

127	M & Th	2:30-3:30p.m.	Dyer-Pool	\$64
128	M & Th	3:30-4:30p.m.	Dyer-Pool	\$64
129	M & Th	4:30-5:30p.m.	Dyer-Pool	\$64
130	M & Th	5:30-6:30p.m.	Dyer-Pool	\$64
131	Tu & F	12:30-1:30p.m.	Dyer-Pool	\$64
132	Tu & F	1:30-2:30p.m.	Dyer-Pool	\$64
133	Tu & F	2:30-3:30p.m.	Dyer-Pool	\$64
134	Tu & F	3:30-4:30p.m.	Dyer-Pool	\$64
(8 week	s - starts	week of April 3)	(No class April	<i>7</i>)
327	M & Th	2:30-3:30p.m.	Dyer-Pool	\$64
328	M & Th	3:30-4:30p.m.	Dyer-Pool	\$64
329	M & Th	4:30-5:30p.m.	Dyer-Pool	\$64
330	M & Th	5:30-6:30p.m.	Dyer-Pool	\$64
331	Tu & F	12:30-1:30p.m.	Dyer-Pool	\$64
332	Tu & F	1:30-2:30p.m.	Dyer-Pool	\$64
333	Tu & F	2:30-3:30p.m.	Dyer-Pool	\$64
334	Tu & F	3:30-4:30p.m.	Dyer-Pool	\$64

SENIOR SWIM

Come and enjoy pool time with other seniors. Great exercise or just relax in the warm water. Age 55+

(8 weeks - starts week of January 9)

(No classes January 16 & February 20-24)

135	Mon	1:30-2:30p.m.	Dyer-Pool	\$36
136	Thur	1:30-2:30p.m.	Dyer-Pool	\$36
(8 w	eeks - star	ts week of April 3)		
335	Mon	1:30-2:30p.m.	Dyer-Pool	\$36
336	Thur	1:30-2:30p.m.	Dyer-Pool	\$36

AQUA YOGA

Enjoy all the benefits of yoga without the stress to the joints and back in the warm water of Dyer Pool. Yoga has been practiced around the world for thousands of years, and this unique concept of "Yoga in the Pool" allows the student to become familiar with the practice in a safe and nurturing environment. We will learn basic yoga postures, simple breathing techniques and relaxation (savasana). This class is taught by a licensed pool yoga instructor with 20 years of study and practice in the science of yoga. Instructor: Lynda Herman

(8 weel	ks - starts	s January 9)(<i>No</i>	class January 16)	
137	Mon	12:30-1:30p.m.	Dyer Pool	\$48
(8 weel	ks - starts	s week of April 3)	
337	Mon	12:30-1:30p.m.	Dyer Pool	\$48



YOGA PLUS AEROBICS FUSION

We will combine the gentle exercise of yoga and aerobics to encourage strength, flexibility and stamina. Water aerobics is a great way to exercise without strain on the joints fused with yoga stretches to have complete water "experience". This class is suitable for all levels including those who are struggling with joint pain and arthritis. Deep Water Aerobics will be included for those comfortable in deeper water.

Instructor: Lynda Herman

(8 weeks	s - starts	January 13) (No	class February 24)
138	Fri	4:30-5:30p.m.	Dyer Pool	\$48
(8 weeks	s - starts	week of April 3)	(No classes April	<i>7)</i>
338	Fri	4:30-5:30p.m.	Dyer Pool	\$48

DYER POOL is located at 36745 Marquette Rd, Westland, MI 48185 in the school district's Administration Building.

LEISURE PROGRAM INFORMATION

BY MAIL:

Wayne-Westland Innovative Academy Attn: Leisure Program 5400 Fourth Street Wayne MI 48184



OFFICE HOURS

7:30a.m. - 3:30p.m., Monday –Fridays Phone Number: (734) 419-2426 Please refer to our calendar regarding holidays.

*** WHEN MAILING PLEASE:

Use one form per individual Need more forms? Duplicate on a plain piece of paper. There is no confirmation - your cancelled check is your receipt. When registering a child, please use child's name.

METHODS OF PAYMENT:

CASH - Please have exact amount (no change available)

PAYSCHOOLS - Link is online at: http://www.wwcsd.net/our-district/community-education/

CHECK OR MONEY ORDER - Make payable to: WWCSD

FEES: Payable in full at time of registration. Supplies are not included in registration fee.

***Register On-Line for Leisure Classes at: http://www.wwcsd.net/our-district/community-education/

IMPORTANT: PLEASE READ

Please plan to attend the first class session - no reminder will be sent to you. In the event of changes, we will make every attempt to notify you. Please indicate work or alternate phone numbers on registration forms to assist us in contacting you.

ALL REGISTRATIONS ARE PROCESSED IN THE ORDER RECEIVED. ALL CLASSES HAVE A MINIMUM AND MAXIMUM ENROLLMENT.

LEISURE CLASSES START—WEEK OF JANUARY 9, 2023

Exceptions are indicated in class descriptions. No advance notice of starting date will be sent to students. Students will be notified **ONLY** of cancellations, day or time changes.



HOLIDAYS - No classes/office closed:

Winter Recess	. December 24, 2022 - January 8, 2023
Martin Luther King Day	January 16, 2023
Mid-Winter Recess	February 20-24, 2023
Spring Recess	March 27-31, 2023
Memorial Recess	May 29, 2023



DROPPED CLASSES: Classes with low enrollment may be dropped by office. Students will be notified and given an opportunity to transfer or receive a refund.

TRANSFERS & REFUNDS: Students requesting a change of class(es) or a refund for classes with multiple meetings, must do so before the second class session by calling 734-419-2426. Classes meeting for one or two sessions must request refunds one week before the first class meeting. **A \$5 processing fee will be assessed for each refund.**

When Wayne-Westland Community Schools are closed due to inclement weather there will be No Leisure Classes. Please check your local news or radio station for district closure information.

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Wayne-Westland Innovative Academy

Douglas J. Aveda Field Trip





Henry Ford College Field Trip



Schoolcraft Mechatronics Field Trip



