



**Grab and Go SANDWICH**  
Italian Sub (28g)  
Turkey Wrap (29g),  
Tuna Salad wrap(31g)  
Ham & Cheese Sub (28g)



**Grab and Go Salads**

Chef Salad (8g),  
Garden Salad (14.5g), or  
Caesar Salad (15g)

All Salads come with your  
choice of whole grain  
(Cheese Its, Goldfish,  
whole grain Muffin)

All Lunches Must  
Include a Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

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MON	TUES	WED	THURS	FRI
28 <b>No School for Student</b>	29 Meatballs over Pasta Garlic Bread Fresh Broccoli Fruit Cocktail	30 Bosco Sticks W/ Marinara Sauce Mixed Vegetable Pineapple Bits	31 <b>Chef Choice</b>	1 <b>Labor Day Recess</b>
4 <b>Labor Day</b>	5 <b>Chef Choice</b>	6 Jumbo Cheese Ravioli & Meat Sauce Garlic Bread Spinach	7 Cherry Blossom Chicken With Rice WG Dinner Roll Green Beans	8 Sloppy Joe on WG Bun Oven Fried Potatoes Sliced Peaches California Blend
11 Boneless Chicken Wings(14) WG Dinner Roll(30) French Fries(14) Sliced Peaches (18)	12 Bosco Sticks w/Marinara Sauce Seasoned Carrots Fresh Grapes	13 2 Chicken Drumsticks WG Dinner Roll Tator Tots Steamed Green Beans Diced Peaches	14 Hot Roast Beef Sandwich Whipped Potatoes W/Gravy Roasted Corn Fruit Cocktail	15 Cheese Enchilada Salsa Spanish Rice Black Beans Pineapple
18 Spicy Popcorn Chicken Mash Potatoes Whole Kernel Corn	19 Bosco Sticks Marinara Sauce Mixed Vegetable Pineapple	20 Chicken Alfredo over Noodles WG Dinner Roll Vegetable Blend	21 2 Breakfast Burrito With Salsa Hash Browns Orange Smiles	22 Grilled Cheese French Fries Baked Beans Slice Apples
25 Cheese Quesadillas Refried Beans Mixed Vegetable Fruit Cocktail	26 Sweet & Sour Chicken Over Rice WG Dinner Roll Mixed Vegetable	27 <b>No School for Student</b>	28 Bosco Sticks Marinara Sauce Seasoned Carrots Pineapple	29 Meatball over Pasta(47) Garlic Bread((15) Steamed Broccoli (3) Apple Sauce (22)