



May 1,- June 9, 2023



All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Available everyday:

Apples 19g, Oranges 15g, Side Salad 6g

Monday: Fruit cocktail 18g, Fresh Broccoli 1g & Kickin' Pintos 19g or Baked Beans 19g

Tuesday: Pears 18g , Seasoned Carrots 4g & Celery Sticks 3g **Wednesday:** Peaches 18g, Baby Carrots 1g & Broccoli 4g

Thursday: Pineapple 17g, Celery Sticks 3g & Green Beans 4g, or Mixed Vegetable 6g **Friday:** Applesauce 14g, Baby Carrots 1g & Tater Tots 19g or Curly Fries 19g, or Corn 4g