

Grab and Go SANDWICH Italian Sub (28g) Turkey Wrap (29g), Tuna Salad wrap(31g Ham & Cheese Sub (28g)



Grab and Go Salads Chef Salad (8g),

Garden Salad (14.5g), or Caesar Salad (15g)

All Salads come with your choice of whole grain (Cheese Its, Goldfish, whole grain Muffin)

> All Lunches <u>Must</u> Include a Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk



Wayne-Westland			April 22, May 24,	2024 2024
MON	TUES	WED	THURS	FRI
22 Boneless Chicken Wings WG Dinner Roll French Fries Sliced Peaches	23 Bosco Sticks W/ Marinara Sauce Mixed Vegetable Pineapple Bits	24 Chicken Pineapple Bowl WG Dinner Roll Vegetable Blend	25 2 Breakfast Burrito With Salsa Hash Browns Orange Smiles	26 Pretzel Roll Melt w/ Tato Tarts Apple Sauce
29 Chicken Drumstick w/ Brown Rice Green Beans Pineapples	30 Bosco Sticks Marinara Sauce Mixed Vegetable Orange slices	1 No school Professional Development day	2 Sloppy Joe on WG Bun Oven Fried Potatoes Sliced Peaches California Blend	3 Hot Honey Chicken Biscuit Tostada Black Bean & Corn Salsa Pineapple Tidbits
ہ Chef Choice	7 Bosco Sticks Marinara Sauce Mixed Vegetable Pineapple	<i>8</i> Jumbo Cheese Ravioli & Meat Sauce Garlic Bread Spanish	<i>9</i> Chicken & Waffles Steamed Carrots Fresh Grapes	Cheese 10 Enchilada Salsa Spanish Rice Black Beans
13 Hot Roast Beef Sandwich Whipped Potatoes W/Gravy Roasted Corn Fruit Cocktail	14 Bosco Sticks W/ Marinara Sauce Mixed Vegetable Pineapple Bits	14 French Toast Turkey Sausage Hash Browns Apple Sauce	15 Sweet & Sour Chicken Over Rice WG Dinner Roll Mixed Vegetable	16 Cheese Quesadillas Refried Beans Mixed Vegetable Fruit Cocktail
20 Cheeseburger Meatloaf on a bun Whole Kernal Corn Sliced Peaches	21 Bosco Sticks w/Marinara Sauce Seasoned Carrots Fresh Grapes	22 Chicken Pineapple Bowl WG Dinner Roll Vegetable Blend	23 Philly Steak Cheese Sub w/ Grilled Peppers and Onions Oven Fries Mandarin Oranges	24 Half day Breakfast only

CHICKEN: Crispy or Spicy Chicken Sandwich (48g), Nuggets (14g) BURGERS: Cheeseburger (39g) Hamburger (38g) & Veggie Burger (42g)

Apples 19g, Oranges 15g, Side Salad 6g

Monday: Fruit cocktail 18g, Fresh Broccoli 1g & Kickin' Pintos 19g or Baked Beans 19g Tuesday: Pears 18g , Seasoned Carrots 4g & Celery Sticks 3g Wednesday: Peaches 18g, Baby Carrots 1g & Broccoli 4g Thursday: Pineapple 17g, Celery Sticks 3g & Green Beans 4g, or Mixed Vegetable 6g Friday: Applesauce 14g, Baby Carrots 1g & Tater Tots 19g or Curly Fries 19g, or Corn 4g

Menus are subject to change.



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