WAYNE-WESTLAND COMMUNITY SCHOOLS

Preparation For Adulthood Course Pacing Guide

Course description:
The course focuses on social and personal issues that provide an opportunity for the student to better understand herself/himself. Students will learn skills in decision making, conflict resolution, team work, planning personal, career, and family goals and managing a job search. As these skills are applied, they will assist students with other classes, preparing them for college life or a career, as well as assisting them in relating to their families, friends, co-workers, and employers.

Week	Content	HSCEs/Standards
	Unit 1: What About You?	
Week 1- 2	➔ Your Personality	H 3.1
	● Realizing Your Uniqueness	H 3.2
	● Personality Traits	H 3.3
	○ True Colors	H 3.5
	● Influences on Personality	H 3.7
	● Erickson's Theory	H 4.1
	● Your Self-Concept	H 5.2
	● Your Self Esteem	
Week 3	➔ Your Development	
	● The Process of Change	
	● Physical Changes	
	● Your Intellectual Development	
	● Developing Socially	H 3.1
	● Emotional Development	H 3.2
	● Developing Morally	H 3.3
	● The Family Influences	H 3.5
		H 3.7
Week 3	➔ Your Character	H 5.2
	● Moving Toward Marturity	H 6.5
	● Your Personal Code of Ethics	
	● Your Values	
	● Your Attitudes	
	● Taking on Responsibility	
Week 4	➔ Your Future	H 3.2
	● How Do You Feel About the Future?	H 3.3
		H 3.5
	● What Trends May Affect You?	H 3.7
	● Your Needs and Wants	H 4.4
	● Your Goals	H 5.1
	● Your Future	H 5.2
		H 6.3
	Unit 1 Assessment	H 6.4
		H 3.1
		H 3.3

		H 3.5 H 3.6
	Unit 2 What Skills Do You Need?	
Week 5	➔ Communicating Effectively ● What is Communication? ● How Do People Communicate? ● Barriers to Communication ● Learning to Communicate Effectively ● Skills for Effective Communication ● The Power of Communication	H 2.3 H 4.4 H 4.9 H 5.2
Week 6	➔ Making Decision ● How Decision Affect You ● How Your Decisions Affect Others ● Influences on Decision Making ● Steps in Decision Making ● Approaches to Decision Making ● Responsible Decision Making ● Problem Solving	H 2.3 H 4.1 H 4.2 H 4.3 H 4.4 H 4.5 H 4.6 H 4.8 H 4.9
Week 7	➔ Handling Conflict ● What is Conflict? ● Understanding Causes of Conflict ● Preventing Conflict ● Approaches to Handling Conflict ● Taking Charge of Your Life	H 1.6 H 2.3 H 4.3 H 4.4
Week 8	➔ Learning to Manage ● About Management ● Goal Setting ● Recognizing Your Resources ● The Process of Planning ● Benefits of Good Management	H 4.9 H 6.8 H 3.6 H 3.7 H 4.2
Week 9	➔ Goal Setting Project	H 4.5 H 4.6
Week 10	**Unit 2 Assessment**	

	Unit 3 What Are Families Like?	
Week 10	➔ Patterns of Family Living	H 2.1
	● What is a Family?	H 2.5
	● Family Roles	H 4.1
	● Types of Familes	H 4.3
	● The Family Life Cycle	H 4.7
	● What Affects Families?	H 7.1
	● The Foundation of Society	H 7.2
		H 7.3
Week 11	➔ Living in a Family	H 9.1
	● Early Families	H 9.2
	● Modern Families	
	● The Functions of Families	
	● Making Strong Familes	
	● Your Family – Today and Tomorrow	H 2.3 H 4.6 H 4.7
	➔ Facing Family Challenges	H 4.8
	● The Challenges of Life	H 6.8
	● Handling Challenges	H 7.3
	● Family Law	
	● Be Prepared	
		H 2.3
	➔ Strengthening Family Project	H 4.3 H 4.6
Week 12	**Unit 3 Assessment**	H 5.3 H 6.8 H 6.9 H 7.1 H 9.2 H 10.1 H 10.3
	Unit 4 How Can You Handle Relationships?	
Week 12	➔ Friendships	H 4.2
	● What is a Friend?	H 4.3
	● Who Are You Friends?	H 4.4
	● Types of Friendships	H 4.5
	● Building Friendships	H 4.9
	● Maintaining Friendships	H 5.1
	● When Friendships End	H 6.9
	● Peer Pressure	
	➔ Dating	
	● Reasons for Dating	H 4.2
	● Readiness for Dating	H 4.4
	● Who Do You Date?	H 4.5
	● Dating Patterns	H 4.8
	● Successful Dating	H 5.1
	● Dating Challenges	H 6.9
Week 13	➔ Love and commitment	

	● What is Love? ● Defining Love ● Infatuation ● Love That Lasts ● Telling the Difference ● How Love Develops ● Partner Selection ● Readiness for Commitment ● Careful Commitment **Unit 4 Assessment**	H 4.2 H 4.3
	Unit 5 What About Single Life?	
Week 14	➔ The Status of Single Life ● The Single Lifestyle ● Reasons for Single Living ● Patterns of Single Living ● Inaccurate Labels ➔ Successful Single Living ● Managing Single Life ● Special Single Situations ● Developing Contentment	H 4.2 H 4.5 H 4.7 H 4.8 H.4.3 H 4.4
	Unit 6 Is Married Life For You?	
Week 15	➔ Marriage Custom and Laws ● Marriage Customs ● Marriage Laws ● The Need for Marriage Laws ➔ The Decision to Marry ● Look Before You Leap ● The Engagement ● The Wedding ➔ Introduction to Wedding Project	H 4.4 H 5.1 H 5.3 H 4.2 H 4.4 H 4.8
Week 16	➔ Successful Marriage ● Planning for Successful ● Accepting Each Other ● Communicating ● Making Decisions Together ● Sharing Responsibilities ● Resolving Conflicts ● Thoughtfulness ● Making Time for Each Other ● Intimacy	H 4.7 H 4.8 H 6.8 H 6.9

	● Sexual Compatibility ● Making Time for Others ● In-Laws ● Outside Resources ● Making the Commitment	
	➔ Divorce and Remarriage ● Problems in Marriage ● Looking for Solutions ● Ending a Marriage ● Blended Families	H 6.8 H 6.9 H 7.1 H 10.1
	Unit 5 and 6 Assessment	
	Unit 7 What Will Your Life's Work Be?	
Week 17	➔ Finding the Right Career ● Attitudes Toward Work ● Jobs of the Future ● Planning for a Career ● Explore Career Possibilities ● Set Goals ● Planning for Education and Training ● Getting the Job ● What's Ahead	H 1.2 H 1.3 H 1.4 H 4.2 H 9.1 H 9.3 H 10.1
	➔ On the Job ● Looking Ahead ● Adjusting to the World of Work ● Developing Your Career ● Success on the Job ● Challenges on the Job ● Balancing Work and Home Life ● Professionalism and Ethics	H 1.1 H 1.4 H 4.1 H 9.1 H 9.3
	Unit 8 Will You Be An Informed Consumer	
Week 18	➔ Managing Your Money ● The Money You Earm ● Using Your Management Skills ● Making a Spending Plan ● The Saving Habit ● Managing a Checking Account ● Making a Checking Account ● Making Investments ● Understanding Credit ● Sharing a Household and Expenses ● Solving Money Problems ● Not Enough Money	H 6.1 H 6.3 H 8.4 H 9.1 H 9.3 H 10.1 H 10.3
	➔ Review for Final	

	Course Final Exam	